

# SEEABILITY

Live. Love. Thrive. Belong.

## Easy Eye Care

**You need to have your eyes checked once a year**

- You don't have to be able to read or speak to have an eye test.
- Adults with a learning disability are 10x more likely to have a problem with their eyes and children are 28x more likely.
- The eye test is not just about glasses – it detects eye conditions and general health conditions as well.

This is a specialist eye care service for people with learning disabilities and autistic people of all ages, who are registered with their GP. You'll get:

- Longer eye tests or multiple appointments, where needed.
- An easy to understand report about your eyes.
- Local opticians who have had extra training.

**The assessment is NHS-funded** and there is help towards the cost of glasses if you're eligible.

Please turn over for the contact details of your local practices.

**Please tell the optician's practice that you want to book an Easy Eye Care appointment.**

Fill in SeeAbility's "About Me and My Eyes" form before your appointment to give to the optician [www.seeability.org/myeyes](http://www.seeability.org/myeyes)



**The following practices offer the Easy Eye Care service in your area.**

**Lancashire and South Cumbria**

**Vision Serve - Blackburn**

Morrisons,  
Railway Road,  
Ewood, Blackburn  
BB1 5AZ  
01254 447 520

**Lakeland Optical (Main Street)**

Main Street,  
Grange-over-Sands,  
Cumbria  
LA11 6DP  
01539 532951

**Clare & Howard Ltd**

20-21 High St,  
Garstang,  
Preston PR3 1FA  
01995 602014

**Tyrrells & Embery**

6 Darwen Street,  
Blackburn BB2 2BL  
01254 53554

**Alan Bowen Optometrist**

7 Dingle Road,  
Upholland,  
Skelmersdale  
WN8 0EN  
01695 625437

**Bagot Opticians Kendal**

10 Library Road,  
Kendal LA9 4QB  
01539 721619

**Bagot Opticians Grange-over-Sands**

7 Lowther Gardens,  
Grange-over-Sands  
LA11 7EX  
01539 533909

**Bagot Opticians Windermere**

15 Victoria Street,  
Windermere LA23 1AB  
01539 446381

For easy read information about having an eye test, visit  
[www.seeability.org/EReyetest](http://www.seeability.org/EReyetest)

For more information, please contact Steve Kill on  
**07738 040307** or [s.kill@seeability.org](mailto:s.kill@seeability.org)

